



Tipo	Periódico
Título	Initial psychometric studies of the emotional self-regulation scale: adult and child-youth versions
Autores	
Autor (es) USF	Ana Paula Porto Noronha Fagundes Makilim Nunes Baptista Helder Henrique Viana Batista
Autores Internacionais	
Programa/Curso (s)	Programa de Pós Graduação Stricto Sensu em Psicologia
DOI	https://doi.org/10.1590/1982-0275201936e180109
Assunto (palavras chaves)	Emotional states; Psychometrics; Psychological evaluation; Stress; Subjective well-being
Idioma	Inglês
Fonte	Título do periódico: Estudos de Psicologia (PUCCAMP. IMPRESSO) ISSN: 0103-166X Volume/Número/Paginação/Ano: 36/e180109/2019
Data da publicação	09/2019
Formato da produção	Digital
Resumo	Emotional self-regulation is the ability to moderate attention and behaviors from different circumstances and events, and is associated to the healthy human adaptation. The present study sought for validity evidences based on the internalstructure of the Adult and the Child-Youth Emotional Self-Regulation Scale and their reliability indices. The adult version was answered by 802 adults and the child-youth one was answered by 600 children and adolescents. The four-factorsolution was the most adequate in both versions. The externalization of aggression (adult version) and experience evaluation (children's version) factors, and three other factors (appropriate coping strategies, pessimism and paralysis) were foundwith similar nomenclatures in the two scales. The reliability indices ranged between 0.69 and 0.98 (adult version) and 0.91 and 0.95 (child-youth version). In both versions, the factorial loads were higher than 0.50, explaining 62.7% (adultversion) and 64.2% (child version) of the total variance. The results are discussed in the light of the existing literature.
Fomento	