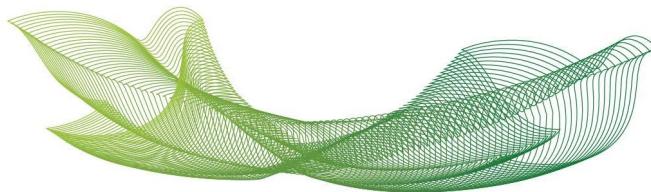




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Tipo	Periódico
Título	Giving men a voice: understanding male parenting experience and parental burnout
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Autor(es) USF	de Santis, Ligia; Noronha, Ana Paula Porto
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Resumo	Although parental burnout has been recognized as an important syndrome, the gold standard measure for its assessment (the Parental Burnout Assessment; PBA) can be limited, since it was constructed based on European mothers' reports. Thus, it is important to understand whether there are symptoms and perceptions about parental burnout that are particular to men in specific cultural frameworks. Seven Brazilian fathers who presented frequent symptoms of



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parental burnout participated in a semi-structured interview. Based on classical lexicographic analyses and Descending Hierarchical Classification (DHC) analysis, results indicated excellent use of the textual corpus, with four classes being identified in the dendrogram, grouped into two subcorpora. Subcorpus 'Feelings and perceptions about parenting' revealed both 'Negative feelings and perceptions about parenting' (with most text segments) and notably 'Positive feelings and perceptions about parenting', demonstrating that despite experiencing burnout, fathers maintain deep love for their children. Subcorpus 'Routines involved in parenting' encompassed 'Children's non-adherence in daily parenting interactions' and 'Logistics of the parental routine', highlighting practical challenges these fathers face daily. Results corroborate theoretical understandings about fathers' experience of burnout and parenting, as well as previous attempts to understand the syndrome in other cultures - thus supporting, in general, the broader use of the PBA.

Fomento

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