



Educando para a paz

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Resumo	Socio-cognitive and socio-affective variables are associated with learning and the process of adaptation to higher education. This research aimed to verify, in a longitudinal way, the predictive power of these variables in the academic performance and the chances of dropout perceived by university students. Participants included 136 physical education students from a private institution. A questionnaire on self-efficacy and performance expectations was administered at the beginning of the semester together with the Social and Emotional or Noncognitive Nationwide Assessment. After knowing the results at the end of the semester, the questionnaire on self-efficacy and satisfaction with performance was administered. The results showed that in a negative sense, the main predictor of the chances of dropout was self-efficacy for conscientiousness. The belief in being organized, self-regulated, and self-motivated leads students to see themselves with lower changes of dropout, regardless of the immediate results of academic assessments.
Fomento	

