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Tipo Periódico

Life Satisfaction, Affects at School and Depression Título

Symptoms among

Adolescents

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Resumo

The literature indicates that

life satisfaction has a direct effect on depression

symptoms. For better

understanding depression in adolescence, this research

examined the relation

between life satisfaction and depression symptoms among Brazilian adolescents, and verified the direct effects of positive and negative affects





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at school, in addition to the mediating effect of these variables on the relation between life satisfaction and depression symptoms. A total of 428 adolescents participated in the research, with mean age equal to 14.88. The Baptista Depression Scale, the Life Satisfaction Scale, and the School Subjective Well-being Scale were used. The models were tested using Path Analysis. The results indicated that affects at school mediated the relation between life satisfaction and depression symptoms. Prevention initiatives that consider the affects related to the school context can be a useful strategy for the promotion of youth mental health.

Fomento

